

## Cameron County Mental Health REFERRAL DIRECTORY

Agency Name	Address	Phone Fax	Scope of Services	Eligibility	Funding Source	Payment Source	Psychologist	Counseling	Psychiatry	Transportation	Education	Support
Abundant Grace Community Church	2110 S Mccoll Rd. Edinburg, TX 78539	956-381-4394	Counseling	All Ages	Church	No Fee/Donations Accepted		2			5	
Abuse in MHMR Facilities	Call Center	1-800-647-7418	To report abuse, neglect, or exploitation in MHMR facilities.	all	state	none						6
Alcohol Abuse & Crisis Intervention Focus Health Care	7429 Challow Ford Chattoga, Ten. 37412	800-234-0246	Telephone referral service, all aspect rehabilitation can make travel if needed	All Ages	private and health insurance	all resources						6
American Red Cross	952 East Levee Brownsville, TX 78520	956-541-5206	Disaster Services: education, training and relief for fires, floods, hurricane and other natural disasters, Emergency Services: emergency communications worldwide 24 hours, and financial Emergency assistance and Disaster training	No requirements for emergency assistance. Some pre-requisites for safety courses.	American Red Cross	free, Health & Safety Classes on cost recovery basis varies, Grants are available						6
Annabel Silva-Brophy, LCSW	1022 Grey Fox Circle Brownsville, TX 78520	956-541-5154	Counseling and Parent Skills Training. Therapy for depression, anxiety, trauma, grief, ADHD, and adjustment disorders.	Children ages 3-21 and families	Medicaid, insurance private	Medicaid, insurance, private		2				
Area Agency on Aging	Debra Lachico 311 N. 15th McAllen, TX 78501	956-682-3481 956-682-8852 1-800-365-6131	Case Management, information and assistance, legal benefits counseling, network for meals on wheels, support services for family caregivers, respite care, adult day care, medical transportation.	60 years of age and older	state, local Federal	Established need with proof		2	4	5	6	
Better Life Therapy Center	1706 E. Tyler Ave Harlingen, TX 78550	956-421-2153	Counseling	All	private	patient pay		2	4			

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Bienestar	2039 E. Price Rd Ste. A Brownsville, TX 78521	956-542-2536	Individual counsel, mental health Adults and children	All ages	private pay or insurance	patient pay		2				
BISD SAFE Program	1900 E. Price RD #212 Brownsville TX 78520	956548-8251	Substance Abuse counseling	at risk youth	grants	For Students		2	4			
Blind Children's Vocational Discovery & Development Program	DARS/ Division for the Blind Norma Castillo 1812 West Jefferson Harlingen, Texas 78550	956 423-9411	DARS specialists provide services to children who are blind or severely visually impaired -- and their families -- to reduce the impact of vision impairment on the child's development. Specific services include: counseling and guidance; adjustment to blindness; independent living skills training; educational support; support systems; developmental equipment; vocational discovery and development./	age 0-10 years of age Income: those not eligible for Medicaid will be charged a case management fee/ Texas Resident	state	proof of disability		2				6
Border Fair Housing & Economic Justice Center	of Cesar Chavez & Bus 83 @Proyecto Azteca, San Juan Texas	956-702-3307	Finance homes in Housing	low income	HUD	proof for income						6
Border Region MHMR	600 N. Garza Rio Grande City, TX 78582	956-487-3748	Outpatient Behavioral Health Services	Income Based		Income based/Med icaid/Medic are	1	2	3			
Buckner Star Program	5425 North McColl McAllen Tx 78501	956-630- 6285/1888- 5990759	Short Term Crisis Intervention: Counseling, Intervention, & emergency residential placement	youth at risk	grants	Free		2			5	6

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Cameron County Indigent Program	1122 Morgan Blvd Harlingen Texas 78550 new address: 1390 West Exp 83 San Benito, Texas 78586	956-427-8037	Medical Assistance	Indigent 21% of FPL	County Revenue	no fees						6
Catholic Charities	47 West Elizabeth Brownsville, TX 78520	956-541-0220	Counseling Services, Prescriptions assistance, Transportation related to medical needs, and Burial Assistance. Tim's Coats-distribute winter coats for needy families	low income	Catholic Charities	low fee ability to pay		2				
Chemical Dependency Treatment Services	Rio Grande Valley Council, Inc. 5510 N. Cage Blvd., Suite C Pharr, TX. 78577	Toll Free: 800-748-3577 866-484-9689 956 787-7111 fax 956 781-2233	Central Intake/Assessment for Substance Abuse * Substance Abuse Education/Prevention * Substance Abuse Hotlines * Substance Abuse Counseling * Detoxification * Health Problems Counseling * Residential Substance Abuse Treatment Programs * Continuing Care/ general population substance abusers	substance abuser	state	medically indigent		2				
Child Care Information	Referral Line	1-800-862-5252	8 a.m. to 5 p.m. Central Time, Monday through Friday	For information about child care in Texas.	state	no fees						6
Children's Mental Health Services	5 Boca Chica Brownsville Texas 78520	Eva Bower/ 956 546-2230	Available 8 a.m. to 5 p.m. Central Time, Mondays through Fridays	0-17/ must have a serious mental disability or emotional condition	state	no fees		2				
Robert Collier MD	866 West Rd Brownsville, Texas 78550	956 541-2974 956 428-1771	Psychiatry	adults and children	private pay or insurance	fees for service			3			

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Community Council of the Rio Grande Valley	P.O. Box 182 Weslaco Texas 78599	956-447-4636	TEXAS Information and referral services provide the link between people seeking health and human service assistance and the appropriate providers of such services	Inquires to all residents	United Way	no fees						6
DARS Division for the Blind Rehabilitation Services	812 Jefferson Harlingen Tx 78550	9564239411	individual Counseling and eye screening tests, vocational and personal adjustment, training	adults and children	State	free		2				6

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DARS Rehabilitation Services	VOCATIONAL REHABILITATION PROGRAM VR 3305 Boca Chica Suite 251 Brownsville Texas 78521	956-546-0316	Provides case management services for people with physical or mental disabilities to prepare for, find or keep employment. Services include: 1. Medical, psychological and vocational	Texas residents with a physical or mental condition resulting in substantial problems in finding and keeping employment and who require vocational rehabilitation services for employment.  Accepted conditions include mental illness, hearing impairment, impaired functioning of arms or legs, back injury, alcoholism or drug addiction, mental retardation, learning disability, and traumatic brain injury. SSI and SSDI recipients automatically qualify for vocational rehabilitation	state	no fees		2				6
DARS Rehabilitation Services	3305 South Expressway Harlingen Tx 78550	9564236123	Individual and Vocational Counseling and assistance	adults and children	state	Free						

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DEPARTMENT OF AGING AND DISABILITY SERVICES DADS-BROWNSVILLE	2345 Price Road Brownsville Texas 78521	956-544-5870	LONG-TERM CARE SERVICES-Long-term care is different from traditional medical care. Someone with a chronic physical illness, a disability, or a memory or thought problem such as Alzheimer's disease often needs long-term care. Long-term is made up of many different services and may include help with activities of daily living dressing, bathing, eating, and using the restroom. Services for Elderly or Disabled Persons Include: Adult Foster Care AFC, Primary Home Care & Family Care Services PHC/FC, Day Activity and Health Services DAHS, Emergency Response Services ERS, Community Waiver Programs, Home Delivered Meals, In-Home & Family Support Program IHFSP Available to person 4+ yrs. old, Medically Dependent Children Program MDCP, Assisted Living/Residential Care AL/RC Available to persons 18+ yrs. old, Hospice Services, Mental Retardation Services MRA, Mental Retardation Waiver Services. These services may be provided in your home, in senior centers, at community centers, in assisted living facilities, or in nursing homes.	Based on income, household size, citizenship, assets, and other criteria set by the federal and state law		no fees					5	6
Dr. Cesar Matos	2110 W. Trenton Rd. Edinburg, TX 78539	956-289-9200	General Psychiatrist	all ages	private pay or insurance	insurance	3	3	3	3	3	3

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Dr. Daniel Gutierrez * no new patients as of 8/1/07	712 Lindberg Avenue McAllen, TX 78501	956-682-8800	Child/Adolescent Psychiatrist	children	private pay or insurance	Income based/Medicaid/Medicare	2, 3	2, 3	2, 3	2, 3	2, 3	2, 3
Dr. Hildebrando Salinas	1910 South 1st Street McAllen, TX 78501	956-972-0061	General Psychiatrist	all ages	private pay/ insurance	Income based/Medicaid/Medicare			3			
Dr. James Freeberg	867 W. Price Rd. Brownsville, Tx 78520	956-546-0364	Psychologist Psychotherapy, counseling and Consulting	Psychologist all patients	private pay/ insurance	private insurance, Private Pay, Medicare, Medicaid	1					
Dr. Jose Igoa	3600 N. 23rd Street McAllen, TX 78501/ 500 Paredes Line RD Suite 1 Brownsville Texas 78520	956-682-4401; 956 542-9222 Brownsville Thursday	General Psychiatrist	Adult	private	private insurance Medicare, Medicaid self pay			3			
Dr. Robert Mosqueda	44 E. Levee St. Brownsville, Tx 78520	956- 542-2555 Tuesday and Thursday	General Psychiatrist	mostly children	Medicaid & self pay	private pay			3			
Family Crisis Center	1602 West Harrison Tx 78550	Hot Line 18004239304	Family Violence, Sexual Assault Medication Emergency Assistance Group Support Group	adults and children	donations state & federal	free					5	6
Lira Flores	1817 E. Harrison Harlingen Texas 78550	956423-9911	counseling	adults and children	private	Fee for services		2				

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Foster Care and Adoption Inquiry Line	Referral Line	1-800-233-3405	8 a.m. to 5 p.m. Central Time, Monday through Friday	For information on becoming a foster or adoptive parent through DFPS.	state funds	free						5 6
Friendship of Women	P.O. Box 3112 Brownsville Tx 78523	544-7412	Family Violence, Sexual Assault Medication Emergency Assistance Group Support Group	adults and children	grants	free						5 6
Kathy Goodwin, Clinical Nurse Specialist	2407 Haine Drive Harlingen, Texas 78550	956 412-2404 fax 412-2404	Psychiatric/Mental Health	psychiatric care	private	Fee for services						5 6
Heart of Central Texas Independent Living Center	Peggy Cosner 2180 N. Main P.O. Box 636 Belton, TX 76513	254-770-2350 254-770-2359 1-800-326-4921	Referral services to all states referral for advocacy transition to community employment program Note: only if VAIL can not accommodate	no age limit or income	Education Department and grant	free		2				5 6
Hidalgo County Indigent Program	2401 N. Moorefield Road Mission Tx 78572	956-581-7933	Medical Assistance	Indigent	county grant	Income based/Medicaid/Medicare						6
Homeless Youth Project Diana Klive	1701 Stanford Ave Brownsville, TX 78520	956-544-6612	referral services	runaway youth	grants and donations	free						6
Horizon Youth Center	806 Morgan Blvd Suite B Harlingen, TX 78550	956 4281453 Toll Free 1-888-713-TEEN	prevention of Teen Pregnancy	adolescent	grants	Free						5
Infinity Counseling Center	2414 E. Price Rd building B Ste 103 Brownsville Texas 78521	956 371- 2240;956 554- 3266;956 5431117	Counseling Services: individual family and group psychotherapy	2 years to elderly	private	medicaid, private pay, insurance		2				
Jay Whitcomb	1120 N. Bowie St. San Benito, TX 78586	956-276-9001	Counseling	all ages	private	Insurance, fee for service		2				

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Karen Snodgrass Thompson (PhD)	1325 Sunshine Harlingen, TX	956-8582	Counseling	all	private	Insurance fee for service		2				
Dr. Mara Karpel	2407 Haine Drive Harlingen, Texas 78550	1-800-285-5130	Counseling	all	private	Insurance fee for service	1					
KIDS Zone Children's Rehab	2217 South 77 Sunshine Strip Harlingen Texas 78550	956 412-8833	speech and occupational counseling social service	age 0-18	private	insurance, Medicare, Medicare, chips	1	2				6
La Fleur Transportation Program	4511 N. US Highway 281 Edinburg Tx 78541/	866-283-9400/95684	Medicaid Medical Transportation	Medicaid Clients; Medicare	state Medicaid and Medicare Regional Funds	Medicaid /Medicare				4		
Lighthouse Counseling Marcos Holtzman LPC	1231 E. Levee Brownsville, TX 78520	956 982-4511	Counseling	adolescent ; all chemical dependency	non profit donations and grants	Fee for services		2				
Life Stages Counseling	2407 Haine Drive Harlingen, Texas 78550	956 412-2400 fax 412-2404	medication monitoring and counseling on medication therapy. English, Spanish and Portuguese	out patient mental health medication monitoring	private	Fee for services					5	6
Lucila Petrie (EDD, LMFT)	134 E. Price Rd. Brownsville, TX 78521	956 986-2000	Counseling Individual	all ages	private	Private Fee		2				
Medical Transportation Program	4501 West Business Hwy 83 McAllen Tx 78501	877-633-8747	Medicaid Medical Transportation	Medicaid Clients	Tx DOT	Medicaid? no fees				4		
Mesquite Treatment Center	Lisa Cavazos P.O. Box 220 Lyford Tex	956 4589742	Counseling drug and Alcohol	adolescent	Privately owned	Medicaid/ Sliding Scale		2			5	

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Methodist Healthcare Ministries	First Methodist Church 1225 Boca Chica Brownsville Texas 78520	866-212-0440	Church Based Counseling	persons with no coverage from any other source	Methodist Healthcare Ministries	Ability To Pay		2				
Methodist Healthcare Ministries	First Methodist Church 321 East Harrison Harlingen TX 78550	866-212-0440	Church Based Counseling	persons with no coverage from any other source	Methodist Healthcare Ministries	Ability To Pay		2				
Methodist Healthcare Ministries	First Methodist Church 331 S. Main La Feria TX 78566	866-212-0440	Church Based Counseling	persons with no coverage from any other source	Methodist Healthcare Ministries	Ability To Pay		2				
Mosaic	Mozelle Barron, LPC 2355 Barnard Brownsville Tx 78520	956 546-5400	Psychotherapy, counseling and Consulting	adults and children	Privately owned	Fee for services		2				
National Council on Alcohol Information Center	NCADI POX Box 2345 Rockwell Maryland 20847-2345	1800-662-4357	referral services to all states referral for alcohol and drug treatment centers, emergency numbers	all	US Gov.	NO Fees						6
NEW VISION	3315 South Alameda Room 252 Corpus Christi, Texas 78411	(956) 365-5510 or 5512 Toll Free 1-800-939-CARE	medical stabilization for persons on acute state of withdrawal	17 year or older and adults	Medicaid; rational Medicare private insurance self pay and or vouchers	private insurance Medicare, Medicaid self pay	1	2			5	
Office of Consumer Affairs Hotline	Referral Line	1-800-720-7777	Available 8 a.m. to 5 p.m. Central Time, Mondays through Fridays To make an inquiry or complaint about an existing DFPS case.	child protective services and adult protective service	state	no fee						6

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Palmer Drug Abuse Program	1275 Cottonwood Drive Brownsville Texas 78520	956-544-3333	Individual counseling and peer support meeting	Teenagers & Adults & Family	United Way /CDBG Fund Raiser, Cooperate Donations	no fees		2			5	
Para Transit Transportation	700 Jose Colunga Brownsville Texas 78521	956-574-6672	Transportation for Disabled	transit fee \$1.50	City/Public Transportation	free with proof of Medicaid or Medicare				4		
Parents Advocating for Student Success (PASS)	Rebekah Rasco 901 Boca Chica Blvd. Brownsville Texas 78520	956 371-4292	Parent Training for Disorders and Disorders	Parents and School age students	state community youth block grant, Methodist health care; local donations	free					5	
Pinkerman and Gonzalez	2039 Price Brownsville Tx	956 574-8253	Counseling, Depression and Anxiety behavior modification planning	adults children nursing home Childhood adolescent	Privately owned	Insurance, fee for service; Medicaid chip	1	2				
Planned Parenthood	1727 Boca Chica Brownsville Texas 78521	956 547-8290 toll free 1866-901-7526	medical care and information to people needing to plan their families and their futures	all needing family planning counseling or family planning health services	state and Federal	Sliding Fee Scale						6

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Reflections Counseling Services	Matilde Bennet 896 Ridgewood St Suite D Brownsville Texas 78520	956-544-7744	Counseling for services	adults and children	Private Hospital	Insurance and fee for service Medicaid		2				
Rene Atkinson M. ED LPC	38 Lakeview Brownsville Tx	956 459-3204	Counseling, Psychotherapy, Consulting	is taking not taking cases at this time	fee for service	not taking cases at this time		2				
RGV Counsel on Alcohol and Drug Abuse OSAR Region 11	1225 North Exp 83 Suit G Brownsville Site office Mailing: 5510 North Cage Pharr, Tx 78577	956-787-7111 1866-484-9689 956 982-1551	Drug & Alcohol Abuse Counseling screening and assessment	Age13 and up	Grants and State	No Fee		2		5	6	
Rio Grande State Center	1401 Rangerville Road Harlingen, TX 78550	956-364-8000	Behavioral Hospital; Acute Psychiatric Care for Adults; Long Term Care for Adults with Cognitive Disabilities; Vocational Services; Outpatient Care: Primary Care Physician Services, Screening, Evaluation, Early Intervention, Health Education; Women's Health Services; Diagnostic Services, Diabetes and Endocrinology Consultation, Podiatry Consultation, Social Services; Outsourced Services: TB adm for Complications, Surgery consultations, Colon Screening, Lab Services	Adults		Sliding Fee Scale	1	2	3		5	
Rollins, York and ASS	P.O. Box 720879 Mc Allen Tx 78504	956-655-7872	Mental Health Services	Counseling	Privately owned	Insurance and fee for service		2				
Dr. Kathleen Salvatore	1713 Treasure Hills Blvd., Suite 1-C, Harlingen, Texas 78550	956 412-2700 fax 956-412-2701	Psychiatric Assessment, Diagnosis, Medication management	Psychiatrist	Privately owned	Insurance, medicare, fee for service	1					

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Shelia J. Power	905 Morgan Blvd. Harlingen Texas 78550	956 364-0608	child/adolescent/ family Counseling	adults and children	Privately owned	Fee for services		2				
South Texas Adult Resource & Training Center	Rhoda Reyes 743 N. Sam Houston San Benito, TX 78586	1-877-478-2781 956-399-7818 fax 956-361-9033	At Risk Youth tutoring and mentoring, GED Preparation Adult Education , Computer Resources	17 and older	non profit donations and grants	income based						6
South Texas Health System	2102 West Trenton Edinburg, TX 78539	888-977-1400 956-388-1516	Private In-Patient Hospital Serving Ages 4 and up. In-Patient, Outpatient Therapy, PHP	All eligible	Private Hospital	Private Insurance, Private Pay, Medicare, Medicaid & Indigent on Case by Case Basis	1	2	3		5	6
St. Vincent de Paul Society	2645 Tulipan St. Brownsville, Tx 78521	956-541-2581	Clothing and furniture and support services for indigent	All eligible	Church	no fee						6
Starlight Recovery Center Joseph E. Guerra	P.O. Box 317 230 Mesa Verde Dr. East Center Point, TX 78010	1-800-292-0148 956-682-5700 Cell 956-566-3760	Drug & Alcohol recovery center	Adults and teens	Private	insurance private pay	1	2		4		6
Texas Abuse/Neglect Hotline	all state	1-800-252-5400 or <a href="https://www.txabusehotline.org">https://www.txabusehotline.org</a>	For reporting abuse, neglect, or exploitation of children, the elderly, or people with disabilities.	ALL AGES	State	free					5	6

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Texas Department of State Health Services	Sonia Hernandez-Keeble 1401 Rangerville Rd Harlingen, TX 78551	956-364-8401 956-364-8487	Behavioral Hospital; Acute Psychiatric Care for Adults; Long Term Care for Adults with Cognitive Disabilities; Vocational Services; Outpatient Care: Primary Care Physician Services, Screening, Evaluation, Early Intervention, Health Education; Women's Health Services; Diagnostic Services, Diabetes and Endocrinology Consultation, Podiatry Consultation, Social Services; Outsourced Services: TB adm for Complications, Surgery consultations, Colon Screening, Lab Services	all ages	state	free sliding scale		2			5	6
Texas Runaway Hotline	Referral Line	1-888-580-HELP 1-888-580-4357	24 hours a day, seven days a week. To provide peer counseling to runaways and family members.	all ages	state	free		2				6
Texas Veteran Services	Texas Veterans Commission 2101 South Col. Rowe Blvd McAllen Texas 78503	956-618-7106	VA Outpatient services	free for Veterans	State	free with proof of Medicaid or Medicare	1	2	3	4	5	6
Texas Youth Hotline	Referral Line	1-800-210-2278	To provide peer counseling to youth and family members for family conflicts, delinquency, truancy, abuse and neglect, and running away.	free	non profit donations and grants	free		2				6
Tip of Texas Family Outreach	P. O. Box 5164 Brownsville Texas 78523	956 541-5566	PREVENTION/INTERVENTION OF CHILD ABUSE -Caseworkers/Parenting Instructors educate families on positive parenting, community resources and offer emotional support to prevent abuse and neglect of children	no fees	United Way	no fees					5	

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Tropical Texas Behavioral Health	MENTAL HEALTH SERVICES 5 Boca Chica Brownsville Texas 78520	956-546-2230	Mental Health Services: Includes social, psychological, and psychiatric evaluations, varied types of individual, family and group counseling and psychotherapy-Group and individual	must meet program criteria	public Funds	Sliding scale, Medicaid/Medicare, Private insurance, champ us/champva, employee assistance program	1	2				
Tropical Texas Behavioral Health	4101 South Sugar Road Edinburg, Texas	956-289-7000	Outpatient Behavioral Health Services	Income Based	public Funds	Income based/Medicaid/Medicare	1	2	3		5	
Tropical Texas Behavioral Health	5 Bocal Chica Blvd. #5 Brownsville, TX 78520	956-547-5400	Outpatient Behavioral Health Services	Income Based	public Funds	Income based/Medicaid/Medicare	1	2	3			
Tropical Texas Behavioral Health	202 S G St. Harlingen, TX 78550	956-421-4122	Outpatient Behavioral Health Services	Income Based	public Funds	Income based/Medicaid/Medicare	1	2	3			
UTB Community Counseling & Growth Clinic	EDBC 1.210 80 Fort Brown Brownsville, TX 78520	956-882-7855 956-882-5834	Individual, Couples, Family, and Group Counseling	All members of the community	grants	Free		2			5	6
UTB Community Counseling Clinic	EDBC 1.210 80 Fort Brown Brownsville, TX 78520	956-882-7792 956-882-5834	Individual, Couples, Family, and Group Counseling	All members of the community	grants	Free		2				
UTB Counseling & Guidance	EDBC 2.116 80 Fort Brown Brownsville, TX 78520	956- 882-7880 956-882-7593	Individual, Couples, Family, and Group Counseling	All members of the community	University	Free		2			5	6

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Valley AIDS Council	418 E. Tyler Ave Harlingen, TX 78550/857 E. Washington Suite G Brownsville Texas	956-428-2653/ 956 956-541- 2600	HIV medical clinic; screening, Testing, and HEI counselors for Substance abuse; Group Education Services Contact Marlin Sanchez Human Resource Manic Ruiz	referrals from Health department and Doctors	Federal grants and state	free		2			5	6
Valley Association for Independent Living	P.O. Box 5035 McAllen, TX 78501	956 668-8245	Counseling, referral and adjustment to independent living	Adults	grants	Free		2				6
Valley Baptist Inpatient Behavioral Health Services East	1 Ted Hunt Blvd. Brownsville, Texas 78521	956 698-4700	Psychiatric Assessment, Physical Health Assessment, Diagnosis, Treatment including but not limited to, Group Therapy, Cognitive Behavioral Therapy, Stress Management and Patient and Family Education	Ages 18 to 60	non profit donations and grants	Insurance Fee for service medicare medicaid Indigent Health program	1	2	3	4	5	6
Valley Primary Care Network, Inc. Healthy Start	Gloria S. Casas 1106 E. Tyler Ave. Harlingen, TX 78550	956-425-6200 956-425-6205	Outreach Education program for behavior wellness	Child bearing Age	grants	free					5	